

Sophia Digby

Trainee Solicitor

I am a trainee solicitor in Fox Williams' employment team.



Sophia is currently in the third seat of her training contract, completing her first seat in dispute resolution, second in corporate and now completing her third seat in employment. Prior to starting her training contract, she spent a few months as a paralegal in the DR team, working with the securities litigation team and overall department on a variety of contentious matters.

She has recently completed the Legal Practice Course with a Master of Laws (LPC LLM) at the University of Law and previously studied Law at the University of Nottingham. During her time at Nottingham University, Sophia was the founder of the university's Women in Law Society – taking on the role of President for two consecutive years and also received an Academic Merit for her Legal Research Project.

Sophia will soon undertake the New York Bar examination to become dual qualified.